

# **Deliciously Healthy**

Monday-Friday | 10 am to 8 pm

#### **BREAKFAST**

Wholemeal Banana Pancake served with Fruits & Nuts Salad RM28.80

> Swiss Muesli with Cold Low Fat Milk RM21.00

#### **ALL DAY DINING**

Poached Salmon with Pesto served with Caesar Salad RM78.00

Orange Chicken Parcel served with Brown Rice RM48.00

Seafood Spaghetti in Tomato and Pesto Sauce RM48.00

### **DESSERT**

Mixed Fruit Platter RM16.00

**SET MENUS RM68.00** per set

## Chick-A-Health

Mixed Garden Green Salad with Raspberry Dressing 1/2 Orange Chicken Parcel, Brown Rice **Mixed Fruits** 

# Mi-So-Healthy

Mixed Fruit Salad Poached Fish Fillet with Orange & Leek Sauce served with Fettucine Peach & Orange Smoothie

#### **SMOOTHIES**

RM23.00 per order Peach & Orange Smoothie

# **Fruit Smoothie**

Banana, Papaya, Orange, Green Apple

### **Bionic Tonic**

Yoghurt, Banana, Mango & Pineapple Juice



